



Building Brighter Futures

Child Care Provider Newsletter

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Issue 10



NC Pre-K is coming!

NC Pre-Kindergarten (formerly known as More at Four) will be available in Onslow County in high quality child care centers during the 2011-2012 school year! Employment opportunities may be available for director, lead teacher and assistant teacher positions.

What is NC Pre-K?

- ☆ **6.5 hour pre-kindergarten day for 180 day school year**
- ☆ **Approved Curriculum**
- ☆ **Small class sizes of no more than 18 children**
- ☆ **Two teachers per classroom**

Lead teachers are required to have at least a Bachelor's level degree from an accredited college or university and must be working towards birth-kindergarten teacher licensure. Currently licensed teachers may apply for a preschool add-on license. Additional coursework may be required.

Assistant teachers are required to have at least an Associate's level degree in early childhood or a related field.

For more information, call (910) 938-0336.

Find Your Focus

Just as it's important for the little ones in your classroom to have a balanced breakfast, it's also important for you! Research shows that people who skip breakfast tend to weigh more than those who eat breakfast regularly. At the grocery store, pick up some healthy options that you can have handy for a quick breakfast in the morning.

- ☆ Single serve yogurt
- ☆ Low-fat cottage cheese with fresh sliced fruit
- ☆ Small Ziploc bags of almonds
- ☆ Whole wheat English muffins with low-fat cheese



Children aren't the only ones who can head back to school this fall! There are opportunities for you to go back to school too! Contact Tracy Figgins, Professional Development Coordinator for information about financial assistance, supports and rewards for child care professionals who further their education!

Educating the Child Care Workforce, Tracy Figgins, Professional Development Coordinator, (910) 938-6140.

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